

Dash around Derbyshire!

The CC Team challenge is being set by Angela, Lucie and Rachel between now and when they finish their term as the County Commissioner Team in 2028.

There are eight badges to collect including the CC challenge badge. Each badge represents an area of the county and will fit together to create a map of our county. Badges cost the following (prices depend on the size of the actual badge).

- CC badge, South-West, Peaks & Dales and South-East £1.75 each
- Chesterfield and North-East and Mid-East £1.25 each
- Amber Valley and Erewash 80p each
- Total for all £11.10 + P&P

By creating this challenge, we are wishing to encourage members to visit as many of the wonderful places as possible, that we have in the County.

We have put together suggestions and ideas of places you can visit but it is far from an exhaustive list, and you are welcome to come up with your own ideas. There is no minimum number of places you need to visit in each area. We would love for you to share photos of what you get up to as it may give others ideas we haven't thought of! You can aim to visit every area or only a couple. In your own area, why not try to visit something that you haven't done before? Please share your ideas and places you visit to the <u>Girlguiding Derbyshire Leaders</u> page.

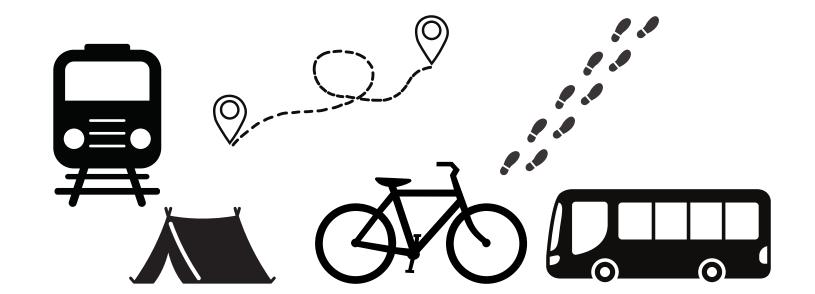
Parts of the pack that are underlined take you straight to a website to find out more about that location.

The challenge is open to everyone involved with Girlguiding and girls can continue to work towards it as they move through the sections.

Some of the suggested activities will involve various levels of walking. At the end of this pack are some walking myth busters so that you can ensure you have the right qualifications.

Why not incorporate a sleepover while visiting an area? Our approved venues list can be provided by contacting the office - office@girlguidingderbyshire.org

Badges can be ordered by clicking the 'CLICK HERE' button under the badge you would like to order on our website - www.girlguidingderbyshire.org/cc-challenge





Peaks & Dales

l visited Peaks & Dales

Solomon's Temple is a Victorian folly in Buxton. It can be walked to from Poole's Cavern.

Solomon's Temple | Visit Buxton

The Crescent Experience is an opportunity to explore a historic building and find out about history of Buxton and historical characters.

<u>Plan Your Visit » Buxton Crescent Heritage Experience</u> (buxtoncrescentexperience.com)

Pavillion Gardens is a lovely spot for a picnic. There are gardens and a boating lake.

<u>Pavilion Gardens, Buxton - the heart of the Peak District</u>

Buxton Spa Town Treasure Trail is a great way to explore Buxton.

<u>Buxton Heritage Trail | Visit Peak District & Derbyshire</u>

Eyam is famous as the Plague Village with plenty to explore in the village and slightly further out.

<u>Eyam Plague Village | Visitor Information (eyamvillage.org.uk)</u>

Cathedral of the Peak is a grade 1 listed cathedral in Tideswell.

<u>Welcome to the Friends of St John, Tideswell, Cathedral of the Peak District</u>

(cathedralofthepeaktideswell.org.uk)

Castleton & the Caverns – four stunning caverns to be explored.

<u>The Caverns – Visit Castleton</u>

Whaley Bridge Canal Basin was once the largest and busiest inland port. A great area for walks and boat trips. It is also known as the Bugsworth canal basin.

<u>Whaley Bridge Canal Group - Whaley Bridge Canal</u>

Millenium Walkway is a 160m long walkway linking New Mills, the Torrs Gorge and the Riverside Park.

<u>Torrs Riverside Park and Millennium Walkway - Derbyshire County Council</u>

Sett Valley trail provides breathtaking views of the Dark Peak.

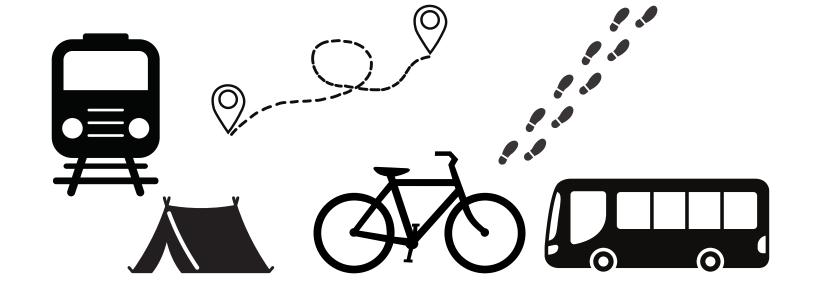
<u>Sett Valley Trail - Derbyshire County Council</u>

Kinder Scout – with the right walking qualification in place, you could take older girls on this 7.5mile circular walk!

Kinder Scout circular walk | Derbyshire | National Trust

Well Dressings take place in many Peaks and Dales towns and villages between May – August.

Well Dressings - Visit Peak District & Derbyshire





Chesterfield and North East



Chesterfield Market Hall is a historic building with a beautiful clock.

<u>Chesterfield Borough Council - History of the Market Hall</u>

Chesterfield Snail is an enormous spiral sculpture that can be seen from the train station.

<u>Chesterfield Snail – Chesterfield, England – Atlas Obscura</u>

Tapton Lock has a visitor centre on the Chesterfield Canal which is close to the town centre.

<u>Tapton Lock Visitor Centre - Derbyshire County Council</u>

Creswell Crags is a stunning archaeological park. The gorge is free to explore and there is also a museum and caves.

<u>Creswell Crags, the extraordinary archaeological park: explore our caves, gorge, and museum (creswell-crags.org.uk)</u>

Barlborough Heritage & Resource Centre is full of history of the local community and guided walks are available.

<u>Barlborough Heritage & Resource Centre :: Derbyshire Museums and Heritage Forum</u>

Willow Tree Farm is a family run farm with a wide range of animals.

Mobile Farm Zoo | Willow tree farm | Shirebrook (willowtree-farm.co.uk)

Poolsbrook Country Park is Chesterfield's largest park with lots to explore! <u>Poolsbrook Country Park (chesterfield.gov.uk)</u>

Chesterfield crooked spire is a famous church spire and is the largest church in Derbyshire.

Chesterfield Crooked Spire St Mary and All Saints Derbyshire Heritage

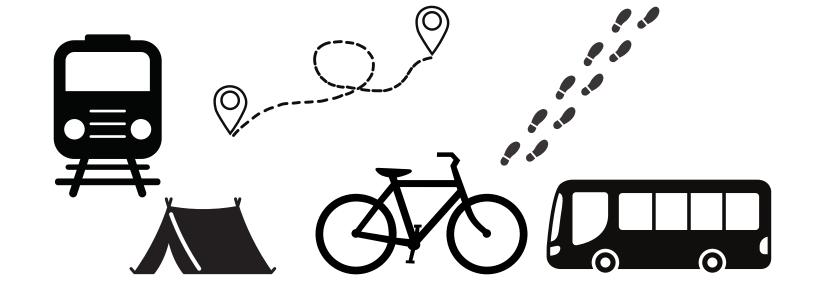
Barrow Hill Roundhouse is the last surviving railway roundhouse with an operational turntable in the UK.

<u>Barrow Hill Roundhouse Museum – Britain's last surviving working</u> <u>Roundhouse</u>

Chesterfield treasure hunts are a great way to explore several places of interest. This is an example of one option available, but you could make your own:

<u>Treasure Hunts in Chesterfield Derbyshire for Youth Group Outings from huntfun</u>

Bolsover Castle- an English Heritage property, with spectacular views across Derbyshire and a fairy tale Stuart mansion, this is a fantastic place to explore local history. https://www.english-heritage.org.uk/visit/places/bolsover-castle/





Mid-East

Hall Leys Park in Matlock is a great spot for a picnic and you can even do a bit of geocaching while there.

<u>Hall Leys Park, Matlock - Derbyshire Dales District Council</u>

The Cromford Canal is a historic waterway. It's 14.5 miles long which may be quite a challenge to walk the whole length!

<u>Cromford Canal | Canal & River Trust (canalrivertrust.org.uk)</u>

Cromford Mills is a historic mill where you can take in a tour, the Arkwright experience or visit the visitor centre

<u>Cromford Mills | The Birthplace of The Modern Factory System</u>

Matlock Farm Park gives the opportunity to meet, feed and pet a wide range of animals.

<u>Matlock Farm Park</u>

Peak District Mining Museum is in Matlock Bath. With a museum and tour, you can also have a go at panning for gold.

<u>Peak District lead Mining Museum and Temple Mine, Matlock Bath</u>

Gulliver's Kingdom, Matlock Bath. From March to November, you can enjoy the attractions of the park. There are special events for uniformed groups and sleepover options too.

Gulliver's Kingdom | Matlock Bath (gulliverskingdomresort.co.uk)

Five Pits Trail is a 5.5mile circular route that is easy to navigate but has some challenging slopes. You can also try to spot the Tom Hulatt plaque which commemorates the first sub four-minute mile race in Oxford. The Five Pits Trail | Visit Peak District & Derbyshire

Tom Hulatt and the first sub four minute mile - Derbyshire Heritage

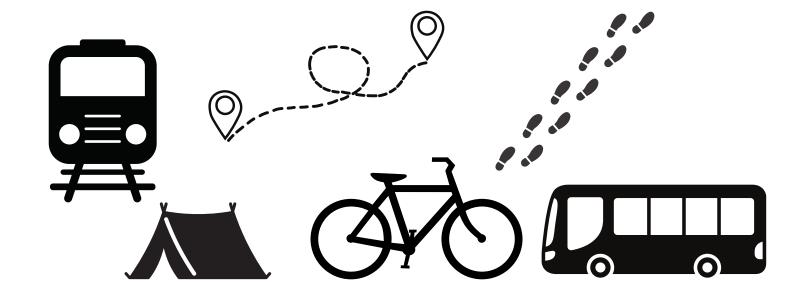
Crich Tramway Museum is a nice spot to take a tram ride and check out a period street.

<u>Crich Tramway Village - home to the National Tramway Museum - A</u> great day out for all the family

Why not visit Pax Tor, one of our County properties nestled right in the Derwent Valley.

Pax-Tor is situated on a wooded hillside overlooking the Derwent Valley and is an excellent location for walking and exploring the local towns of Matlock and Bakewell.

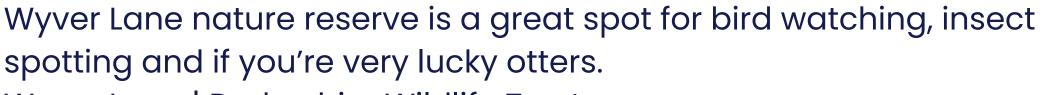
The house is fully equipped for 18 children and 3 adults. Beds are bunk type in one main dormitory with a leader's bedroom at one end.







Amber Valley



Wyver Lane | Derbyshire Wildlife Trust

Orienteering in Allestree, Darley and Markeaton Parks – there are several permanent courses around Derbyshire and details can be found on <u>Permanent Courses in Derbyshire | Derwent Valley Orienteers</u>

Shipley Park offers a great space to explore and play in. It's also the home of the young people's forest. You can contact them to find out about events and activities to take part in.

<u>Young People's Forest at Mead - Woodland Trust</u>

Amber Valley well dressings can be visited in May at various locations.

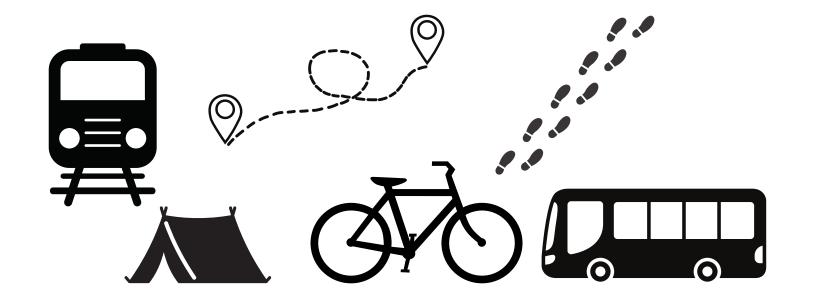
<u>Amber Valley Well Dressings | Visit Amber Valley</u>

Butterley Railway Station gives the opportunity to go back in time and travel on a steam train!

<u>Welcome To The Midland Railway - Butterley | Midland Railway - Bu</u>

Heage Windmill gives a chance to see the history of milling grain with lots of hands-on activities.

Heage Windmill | Derbyshire Attraction





South West

I visited South-West

Markeaton Park is a lovely outdoors space with plenty to keep all ages entertained. Markeaton Park | Parks | In Derby

Derby Cathedral is a beautiful building and there is the chance to have a guided tour of the tower. Depending on the time of the year they often have other events happening.

Visit | Derby Cathedral

The Museum of Making is a great way to explore Derby's history. <u>Visit the Museum of Making - Derby Museums | Derby Museums</u>

Dovedale Stepping Stones is a lovely spot to explore nature and see the famous stepping stones. There's the chance to go exploring further with caves to discover for the more adventurous.

Dovedale: Peak District National Park

Carsington is the 9th largest reservoir in England and has a variety of activities and events on offer.

Carsington Water | Our Visitor Sites | Severn Trent Water (stwater.co.uk)

Foremark nature reserve includes Carvers Rocks which is a site of special interest. Foremark | Derbyshire | National Trust

The Children's Country House at Sudbury is a place to have fun with history, created for children.

Children's Country House | Sudbury | National Trust

Stay over at Pax Hoh campsite, located at Hulland Ward. Pax Hoh Campsite is situated in the southern end of the Peak National Park at Hulland Ward, four miles from the town of Ashbourne which has a selection of supermarkets, shops a swimming pool and leisure centre.

The 2 acre self contained field provides a safe environment for upto 60 campers.

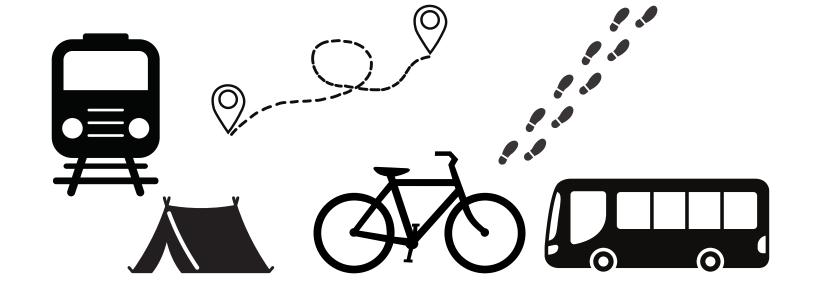
Facilities include:

A purpose brick built toilet block with showers

Full disabled facilities featuring a separate combined toilet, shower wet room. Payphone.

Electricity in the toilet block for hot water for sinks and showers (this is provided free.) Fridge/large fridge freezer.

A wooden building containing tables and benches so that is could be used for craft activities, or wet weather shelter, there's also a range of games and other resources kept in there for you to use if you wish.





Erewash



The Erewash Museum is based in Ilkeston providing an insight into the social history of the area.

<u>Homepage - The Erewash Museum</u>

West Park is close to the train station and is a great way to get to the town centre. West Park (erewash.gov.uk)

West Park Sky Trail is a high ropes course to challenge and give an adrenaline rush! Sky Trail - West Park Leisure Centre | LeisureCentre.com

Spring Lakes is a water sports and leisure lake. The aquapark can be booked privately and rates negotiated. <u>Spring Lakes - Nottinghamshire & Derbyshire's Water & Leisure Centre</u>

Victoria Park is in Ilkeston and is a great spot for a picnic and a play. <u>Victoria Park (erewash.gov.uk)</u>

Trefoil House is a great spot for a sleepover. www.facebook.com/trefoilhouseilkeston/

Trent Lock is a lovely spot on the River Trent for walks and picnics. It also has the Scout Activity Centre which can be used for water activities and camps.

<u>Trent Lock | Places to visit | Canal & River Trust (canalrivertrust.org.uk)</u>

<u>Trent Lock Scout Activity Centre (longeatonscouts.org.uk)</u>

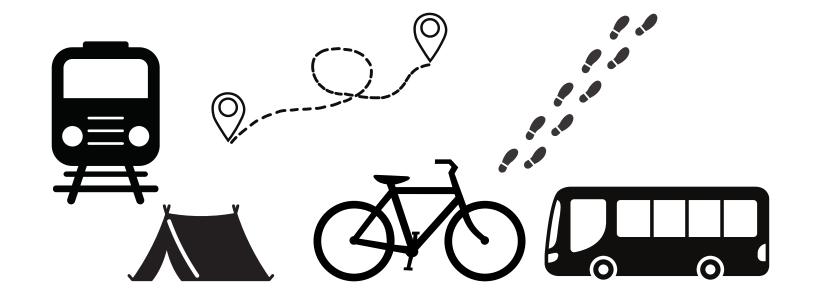
Ilkeston Bowling Alley is a great activity to team with a sleepover at Trefoil House as it is a short walk along a footpath from the house. www.Mfabowl.com/ilkeston

Bennerley Viaduct is also known as the Iron Giant. It's over 20 metres high and a quarter of a mile long!

The Friends of Bennerley Viaduct

Shippley Country Park is a lovely meeting spot for a picnic, bike ride, play on the park and bird watching.

https://www.derbyshire.gov.uk/leisure/countryside/countryside-sites/country-parks-and-visitor-centres/shipley/shipley-country-park.aspx





South-East



Rosliston Forestry Centre has lots of activities where you can lead them yourself or work with the centre.

<u>Home - Rosliston Forestry Centre</u>

Calke Tramway

Tramway Trail | Calke Abbey | Derbyshire | National Trust

At Staunton Harold Reservoir you can take in the nature and history of the location. Staunton Harold Reservoir & Visitor Centre | National Forest

Eureka Park

Eureka Park | South Derbyshire District Council

Swarkestone Bridge

<u>Swarkestone</u> <u>Visit Peak District & Derbyshire</u>

Swarkestone Bridge & Causeway - Visit South Derbyshire

Anchor Church

<u>Anchor Church - History and Facts | History Hit</u>

Swadlincote Snowsports Centre give a chance to earn the Girlguiding snow activity badge with a range of activities available.

<u>Swadlincote Snowsports Centre – John Nike Leisuresport (jnlswadlincote.co.uk)</u>

Elvaston Castle is a great spot for orienteering.

Elvaston Castle Country Park, Borrowash, Derby - Go Orienteering

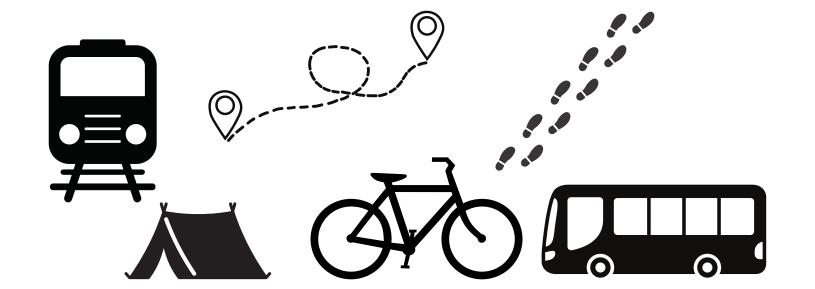
Swadlincote Woodlands has a lovely nature trail and orienteering challenge.

<u>Swadlincote Woodlands | South Derbyshire District Council</u>

Ticknall Tramway Tunnel and Lime yards is a walk that gives you the chance to explore the tunnel that linked the lime works with the Ashby Canal.

<u>Ticknall Tramway Tunnel and Limeyards (ashbylife.co.uk)</u>

Melbourne Hall and tea rooms has some lovely walks around and an opportunity to feed the wildlife on the duck pond.





Useful information

I visited Peaks & Dales Chesterfield & North East

I visited Mid-East

I visited Mid-East

I visited South-West

South-West

Remember, this is not an exhaustive list. There are lots of other places you could go and visit and this is a starting point for each area.

Travel ideas

Travel planner - <u>Bus and train timetables - Derbyshire County Council</u>
Wayfarer ticket - <u>The Derbyshire Wayfarer rover ticket - Derbyshire County Council</u>
East Midlands railway - <u>Train Tickets From East Midlands Railway</u>

<u>Walking MythBusters</u> – this has been put together by Danielle, our walking advisor. Walking is a great way to explore nature and the outdoors with your unit, and gain badges such as the region walking challenge and the region walking badges. Though there are some myths around the walking scheme...

I can't walk without a walking qualification

Depending on the terrain, you don't need a walking qualification to take your girls walking. The 30-minute rule allows you to walk anywhere as long as it is less than a 30 minute walk from the nearest road or point of refuge. If you're going further from roads, Easy and Lowland country level 1 is advised, but not essential. This means that you can take you girls walking in areas such as parks, local woods, lanes, nature trails and lowland country!

My local area is too high above sea level for lowland country

Lowland country doesn't mean low in height above sea level but is more about the type of terrain. These walks may require you to use a map and compass but must follow clearly defined paths and always be within 3km of a car park or layby. The weather must not be extreme, and the terrain must not present any great problems. Avoid steep slopes, cliff edges and water hazards. If you are unsure if the area is lowland country, you can check the <u>walking scheme</u>, or send me an email and I'd be happy to help.

I need the Walking Level 2 Qualification to walk in Open Country

To walk in Open Country, you will need someone with a Walking Level 2 qualification to join you but that doesn't need to be you. There may be others in the county with the right qualifications who could join you. Your commissioner may know someone who has a walking qualification, or you can email walking@girlguidingderbyshire.org and I can put you in touch with someone.

Training

If you'd like to gain more confidence and experience to take your unit walking, you can complete the Out and About Training for Easy Country or Walking Level 1 Training for Lowland Country. Or you can take it further and complete the Level 2 or Level 3 schemes, the details for these courses are kept on the <u>Girlguiding website</u>.

Remember!

Always risk assess your walk; walk within your limits and ask for help or advice if you are unsure. If you have any questions, you can send me an email and I'm always happy to help. For more information on the classification of different terrain, there is a useful page on the <u>Girlguiding website</u>. For any walking queries you can email me at <u>walking@girlguidingderbyshire.org</u>, and I'm always happy to help.

