

### DIGI-POST



Girlguiding Derbyshire's monthly newsletter | April 2024 | Page 1

**Hello** and welcome to the April 2024 edition of **DIGI-POST**, your monthly newsletter. There's lots of information in this newsletter so be sure you read each section ©

We'd like to introduce Leah Simpson, our new training Peer Education co-ordinator for the county. We have a couple of girls who are Peer Ed trained and we know Leah is looking to reignite this for our county.

Hi I'm Leah, I'm a leader at 2nd Church Gresley Brownies where they know me as Teat Owl.

I'm now taking over the role as Peer Education coordinator to empower girls and help them learn more about themselves. I have been apart of Girlguiding pretty much all my life and I am looking forward to this challenge.

We are just getting things started with Peer-Ed but please contact me on <u>peeredu@girlguidingderbyshire.org</u> if I can help!



#### 1st Response

Please see the dates below for the various 1st Response, face to face, training sessions. All these training sessions can be booked online. Please click <u>here</u> to book your place.

Note- trainees must complete e-learning First Aid on the Learning platform prior to course.

Sunday 21st April- Chesterfield- Fully booked Saturday 11th May- Long Eaton- Fully booked Sunday 5th October - Inkersall- 1 SPACE Saturday 12th October- Long Eaton- 11 SPACES \*Please join waitlist if session is fully booked\*

Fi Caldecott, our county treasurer, is more than happy to support units with end of year accounts. Please email her on finance@girlquidingderbyshire.org if you need any assistance ©

Date	Event	Venue	Booking link/more information
12 <sup>th</sup> May	All section football event	Belper Town FC	See Eventbrite link <u>here</u> for more information
7 <sup>th</sup> –9 <sup>th</sup> June	The Big Help out	Within units	The Big Help Out is back! It was very successful last year, why not look at the National website to see how your unit can take part. Click <u>here</u>
21 <sup>st</sup> -23 <sup>rd</sup> June	Derbyshire county International Selection event	Venue TBC	Save the date- more information to follow
6 <sup>th</sup> July	Youth United event	Police HQ, Ripley	Looking for 2x teams of six, 14-18yr olds who would like to represent Girlguiding Derbyshire at this event. Contact Lucie if you have any Rangers or Young Leaders who are interested: accprogramme@girlguidingderbyshire.org
6 <sup>th</sup> +7 <sup>th</sup> July	Brownies and Guides day trip to Legoland Windsor	Legoland Windsor	Region trip- See Midlands website for more details
Saturday 14 <sup>th</sup> September	Derby Pride	Markeaton Park, Derby	We will have a stall again at Derby Pride event. If you would like to volunteer please contact Rachel on accgrowth@girlguidingderbyshire.org
Sunday 22 <sup>nd</sup> September	Region adult international selection day	TBC	See Girlguiding Midlands website for more details: https://www.girlguiding-midlands.org.uk/whats-on/events/international-selection-for-volunteers/

## Commissioner Zone

#### **Commissioner Support:**

We would like to run some more commissioner support sessions. If you have something you are specifically interested in or would like support with please contact Judith Glenn on <a href="maining@girlguidingderbyshire.org">training@girlguidingderbyshire.org</a> and we can see what sessions we can deliver for you.

#### **GGUK Commissioner call:**

The next commissioner call is on 9<sup>th</sup> April, 8-9pm. This time it is focusing on changes for commissioners and making it simpler to complete Safe Space. More information about joining the call can be found by clicking here.

## Leader support sessions

We would love to hold a mixture of virtual and face to face support sessions for leaders: new and experienced. Ideas of sessions are navigating around GO, recording the programme on GO, support with branding, social media, the online design centre and creating graphics.

If there is anything you feel would support you in your role, please get in touch.

Contact Judith Glenn on training@girlguidingderbyshire.org

#### GO single sign on process

From 9<sup>th</sup> April the new login process for GO will come into place. You can find more information about this by clicking <u>here</u>.

#### Youth United event- 6th July

Youth United - On the 6<sup>th</sup> July Youth United will be holding a uniformed groups challenge day. This year it is to be held at the Police HQ in Ripley. We are looking for a couple of volunteers to work with Lucie to create a Girlguding Derbyshire challenge for the day, if you are interested, please contact Lucie on

accprogramme@girlguidingderbyshire.org by the 7<sup>th</sup> April. We will also be looking for two teams of six, 14-18 year olds who would like to represent Girlguiding Derbyshire on the day. Further information will be shared, but if you have any Rangers or Young Leaders who are interested, please let Lucie know.

#### Midlands- Becoming a mentor for the LDP training

We will be running a virtual training session via Zoom for anyone interested in becoming a Mentor for the LDP on Wednesday 17 April at 7:00pm.

This is for anyone who is interested in becoming a Mentor for the Leader Development Programme, existing mentors to update and trainers who hold Mod 3 are also welcome to attend.

Click here to book.

#### <u>Dash around Derbyshire</u>

Fancy 'collecting' Derbyshire? More information coming out soon about our new county challenge badge.

#### **County Football takeover**

On Sunday 12<sup>th</sup> May we will be taking over Belper Town FC to offer girls from all sections an opportunity to play football.

The day will start with the teaching of football skills, dribbling, passing, penalty taking etc. There will be an opportunity at lunchtime to watch some football videos and take a stroll around the marketplace we are hoping to have. In the afternoon there will be a knockout tournament for each section (Rainbows, Brownies, Guides, Rangers) with a prize for the winning team!

Members who are taking part will not need any special kit - comfy clothes and a pair of trainers will be fine. Football boots are not to be worn to keep it fair for all taking part. As this is the first time we have tried an event of this type, the numbers are limited to 100 participants. We appreciate that this could lead to disappointment, however if successful we will be able to increase the numbers next time.

Ratios should be maintained for any unit attending. A more detailed leaders pack will be provided to those who book on to the event, but if you have any questions, please contact Lucie on <a href="mailto:accprogramme@girlguidingderbyshire.org">accprogramme@girlguidingderbyshire.org</a>
Check out the Eventbrite link for more information by clicking <a href="mailto:here">here</a>

#### **GGUK Adventure badges**

There are five adventure badges which girls from all sections can work towards, from the Girlguiding UK website. They cover Land, Snow, Water, Height and Sport. Have a look at this link for more information.

#### County international selection weekend

We have previously advertised that the County selection event will take place in September, however the decision has been made to bring this forward 22<sup>nd</sup> June (venue TBC) for Guides, Rangers and Young Leaders. This will give members more time to fundraise for 2025 trips. An update will be shared before the summer about adult international trips for 2026.

#### Peer Ed mentor training

Now we have a new Peer-Ed co-Ordinator it would be great to have some more young members from the County trained as peer-ed leaders. Midlands are holding a training weekend on 27-28<sup>th</sup> April. More details please click <u>here</u>.



#### Calling all Rainbows, Brownies, Guides and Rangers!

After a hugely successful first year, the Regain Cycling Challenge is back for 2024 and open to all Girl Guides. This exciting event is a great opportunity for Guides to camp, earn badges and meet some very inspirational people.

28-29 June 2024



For more information and to book for your group please visit:

www.regainsportscharity.com

T: 07572 841861

E: enquiries@regainsportscharity.com



## CIRLCUIDING INSPIRE DERBYSHIRE



Sunday 14th April 1-4pm

Girlguiding
Derbyshire
Headquarters
(Ripley)

Sunday 14<sup>th</sup> April 1-4pm

Cake, games and chat session. To link more members of inspire and find out what ideas people have of things they would like to do.

https://www.eventbrite.co.uk/e/inspiremeeting-tickets-856915957697



#### Why should your group take part in the Regain Cycling Challenge 2024?

Regain is the only charity dedicated to improving the independence of all British men and women who have become tetraplegic (paralysed) through a sports injury.

The Regain Cycling challenge is a great opportunity for your group to camp, take part in an exciting challenge, earn badges and meet some of our very inspirational beneficiaries.

In year one of this exciting challenge, we had 75 Scouts take part and they all had an amazing time! This year we're inviting the whole Scouting and Girlguiding communities along.

#### We have two Girl Guide options available for the Regain Cycling Challenge 2024:

#### Friday and Saturday (£30 per Girl Guide)

- Camping on the Friday night
- Breakfast on Saturday morning
- Entry into the cycling challenge
- Snacks and water whilst cycling
- Fully supported event with mechanics and first aid
- Packed lunch
- Inspirational talk from a Regain Beneficiary
- Bike Maintenance Talk
- A Medal

#### Saturday Only (£20 per Girl Guide)

- Entry into the cycling challenge
- Snacks and water whilst cycling
- Fully supported event with mechanics and first aid
- Packed lunch
- Bike Maintenance Talk
- A Medal

#### New for 2024

- Top fundraising award for the Scout or Girl Guide group that raises the most money for Regain.
- Cycling award for the Scout or Girl Guide group that cycles the most laps collectively.
- Design the Regain Cycling Challenge badge competition. The winning design will be produced as a badge and presented to every Scout and Guide that takes part.

I just wanted to express our sincere thanks once again for a fantastic event. We will definitely be returning next year and will be making a weekend of it. My children came as part of their scout group and had the most phenomenal experience. The event was brilliantly organised and the food exceptional.

Vanessa Cockayne Scout Parent



Regain

What a great camp and what a lovely day. Thank you Regain, Thruxton and all the leaders and Scouts for a truly fantastic event. We will without doubt be back next year,

6th Gospart Scaut Group had

the most amazing day at Thruxton

taking part in the Regain cycling

challenge. They young people

loved it, and were incredible at

pushing themselves to complete

as many laps as they could!

The organisation and value

for money was brilliant, we will definitely be signing up again."

> Lisa Scout Leader 6th Gosport Scout Group

Nick Peska Scout Leader Arborfield Scouts

armed with even more Scouts!







# 50FEST! 6-8 SEPT 2024

JOIN OUR SERVICE TEAM TO **RUN AND CELEBRATE OUR 50TH ANNIVERSARY AT 50FEST!** AT BLACKWELL ADVENTURE



**Fully** Catered

#### General tasks include:

Cost

£40

- Facilities
- Car park
- ✓ Media
- Marshalls
- Setting up areas
- Take down areas
- Run help points.
- Merchandise stand

#### **Cost includes:**

- Camp fees
- All meals and drinks
- Support event team✓ Time to enjoy all
  - activities at the event.
  - Event badge

More Information girlguiding-westmercia.org.uk. @50fest Service team applications are open to all members of both Girlguiding and Scouts over the age of 18.