

DIGI-POST Girlguiding Derbyshire's monthly newsletter | January 2022 | Page 1



HELLO and welcome to the January edition of DIGI-POST, your monthly newsletter

Happy New Year!

Welcome back Jo!



We are delighted to welcome Jo Hems back into her Assistant County Commissioner role after her maternity leave.

Here is Jo and the gorgeous Alfie!
Jo is responsible for all things membership growth and retention related so if you need some support, Jo along with the fantastic team of Area Growth Reps and Area Social Media Reps can help. (3)

accgrowth@girlguidingderbyshire.org



Thank you Cynthia!

Our sincere thanks to Cynthia Simmonds who finishes her role of Chair of the County Awards Committee at the end of this month. We have presented 200 awards in the last three years and it has been brilliant to be able to recognise so many of our members in this way.

Thank you Cynthia for everything you have done to support this. $\{ \widehat{\eta} \}$

Congratulations Pat!





County Day 2022

We are really looking forward to seeing you again at County Day 2022. It will take place on 5th March 2022 at Allestree Woodlands School, Blenheim Dr, Derby DE22 2LW

As you can see from the attached document, there will be lots of really diverse and interesting training sessions, workshops and drop-in sessions as well as a brilliant opportunity to see old friends and meet new ones too!

Full details have been included along with this email but key points to note are:

- Eventbrite Bookings will open on 14th January 2022 at 5pm, so be ready.
- Registration will be from 8.30 to 9.00 am and the day will finish at 4.00pm.
- During lunchtime there will be a Market Place where you will be able to purchase Girlguiding merchandise and County clothing will be available along with lots of other stalls.
- There may be an opportunity for a small number of fundraising tables, please let us know if you would be interested in having one by emailing the office and letting us know what activity you plan to do and what you are raising funds for.
- Hot and cold drinks will be provided, please bring a mug. You will need to bring your own packed lunch
- There is on-site parking for cars adjacent to the facilities but please car share where possible.
- The cost for attending County Day is £5 per person and is a legitimate unit expense.
- Closing date for returning your forms and receipt of payment is Monday 31st January 2022.
- This is a uniformed event.

Looking forward to seeing you there!



BROWNIES CAMP IN TENTS - STAFF TEAM RECRUITMENT
Would you like to be part of the organising team for our first ever Brownie
Camp at Glenbrook?

Please contact Izzy (<u>scorrogramme@piriquidingderbyshire.ors</u>) if you would be willing to take responsibility for or volunteer in any of the following areas.

Food/ catering • First Aid • Activities (Crafts/ camp skills/ Evening activities etc) • Event helpers • Admin You don't need to be a brownie leader just have a sense of fun to share



RANGER CAMP - STAFF TEAM RECRUITMENT

Would you like to be part of the team for a Festival style Ranger Camp at Pax Hoh? Please contact Michelle (Compression of the contact Michelle of making this festival themed camp a reality.

We would also love to hear from you if you are a singer, play in a band or are a DJ and would like the chance to play at our festival too

Other notices







Pax Hoh and Pax Tor - Now taking bookings for 2022 - Don't miss out!

Pax Hoh Campsite

½ acre flat field with a large wooden shelter and a toilet/shower block.

This large field lends itself to basic camping, and as a base for Carsington Water.

well as camping holidays, it also provides the opportunity, to cook on wood and practice patrol cooking on altar fires and pioneering.

The site is managed by a dedicated team who keep the site looking amazing! Of course, they are always looking for more volunteers 😂

Please click the link below to find out more.

Pax Tor House

Pax Hoh has been used by the Derbyshire Guides since 1984, the Pax Tor has been used by Derbyshire Guiding since 1960, it is situated site is situated near Hulland Ward, and Carsington Water. It is a on a wooded hillside above Darley Dale overlooking the Derwent Valley. We can accommodate 18 x girls, plus a room for leaders (max occupancy 24).

There is plenty to do and much to explore in the area. There are visiting the local area and enjoying the water sports available at swimming pools and parks in Matlock and Bakewell. The Heights of Abraham via Cable Cars and Gulliver's Kingdom at Matlock Bath. The The site is also available for day visits and evening activities. As Red House Stables and Carriage Museum in Darley Dale; Chatsworth House, Farmyard and Adventure Playground; Haddon Hall and the Old House Museum at Bakewell are all within easy reach.

Peak Rail Heritage Railway runs steam trains between Rowsley and Matlock and Crich Tramway Village; the home of the National Tramway Museum is nearby too.

Please click the link below to find out more.

Please note: Pax Tor is not adapted for visitors with limited mobility. Leaders are advised to visit and assess the suitability of the property before booking.

NEW YEAR – NEW CHALLENGE?

ADULT VOLUNTEERS -

Can't wait to get back to International Adventures?



We have some International trip ideas for late 2022 and 2023 that we would like to run as a county but we need adult volunteers to get involved in the planning and running of them.

more and see if you want to get involved. You don't need an International Licence or even to have travelled with Girlguiding before, you just need to have a love of travel and a sense of adventure!

E to book your place via Eventbrite

We look forward to seeing you there!

COUNTY PEER EDUCATOR COORDINATOR

for our County?



We are looking for someone to recruit our next cohort of Educators, coordinate their training and the provision of sessions in units throughout the county.

Peer Educators are aged between 14 and 25 years old but the coordinator does not need to be within this age range. This would be a great role for someone who is motivated to empower girls to empower their peers, enabling them to run their sessions relationships, body confidence, self esteem and more....

Please contact Izzy if you are interested in the role or would like more details.

AWARDS COMMITTEE MEMBER

We are looking for a member of Girlguiding Derbyshire to join the County Awards Committee. It's a brilliant role, reading all about the fantastic achievements of our young members and volunteers. We meet around three times a year to review nominations, write citations and organise the awards event, so if you are interested, please contact Michelle on cco



Commissioner Support Sessions - Dates for your Diary

2nd February 2022 - 7pm - County Office Ripley. Feel free to arrive from 6pm if you wish. Please book on using the Eventbrite link that has been sent to you.

Commissioner's Day - CHANGE OF DATE. As you will know we have made the difficult decision to move the face-to-face All Commissioner's Day to Sunday 27th March 2022, so please save the date as we'd like as many of you to join us as possible. More details will follow nearer the time.

Regional Commissioner's Conference - SAVE THE DATE. Dates of 7th to 8th May 2022 have now been shared by Region for the next face to face commissioner's conference. Places are most likely going to be limited so if you want to take part, please register your interest as soon as possible when bookings open.

Help with Fundraising

If you have units that are concerned about paying their unit subscriptions invoice there is help available. We have pulled together a list of potential options which was sent out via the office last month and there is help on fundraising on the Girlguiding website via this Fundraising Toolkit link.

If they don't already claim gift aid, don't forget that this is a great way to add 25p to every £1 they collect in subs. Click here for the step by step guide to gift aid on the Girlguiding website.

Finally, if you need support, please speak to your Area Commissioner.







County Day - Saturday 5th March 2022

County Day 2022 is being held at Allestree Woodlands School, Blenheim Dr, Derby DE22 2LW

The day will be here before you know it so, please make sure you book your place early. Bookings will open on 14th January 2022 at 5pm.

There will be a variety of training sessions and workshops details of which can be found overleaf.

Uniform should be worn. Registration will be from 8.30 to 9.00 am and the day will finish at 4.00pm.

During lunchtime there will be a Market Place where you will be able to purchase Girlguiding merchandise and County clothing will be available along with lots of other stalls.

There may be an opportunity for a small number of fundraising tables, please let us know if you would be interested in having one by emailing the office and letting us know what activity you plan to do and what you are raising funds for.

Hot and cold drinks will be provided, please bring a mug. You will need to bring your own packed lunch.

There is on-site parking for cars adjacent to the facilities. Please car share where possible. Car Park Marshals will be there to direct you.

The cost for attending County Day is £5 per person. Please either return your completed booking form along with full payment to: County Office, Girlguiding Derbyshire, Suite 3C, Unicorn Business Park, Wellington Street, Ripley. DE5 3EH Cheques should be made payable to "The Guide Association Derbyshire".

Or once you are booked on you can pay direct to the bank account quoting your Eventbrite booking reference. The bank account details are: Lloyds Bank. Sort Code 30-99-08 Account no: 22193760 Account Name: The Guide Association Derbyshire

Once we have received either of the above we will confirm your place and acknowledge payment. Please keep the email as a receipt for your unit accounts.

Closing date for applications and receipt of payment is Monday 31st January 2022.

Important:

You will be able to attend 2 morning sessions and 1 afternoon session. Please book your priority choices, and we will be in touch if sessions are overbooked or if they are unable to run. Please do note that sessions will be allocated on a first come first served basis and will be confirmed before the day.

The Eventbrite link to get booked on is: https://www.eventbrite.co.uk/e/232136625897







County Day 2022 Sessions

The Going Away Licence (GAW) want to get started?

Where to start and how to meet the GAW criteria - For Leaders considering taking their girls away on residential and thinking about completing Going Away With units.

The Going Away Licence (GAW) already started and need some support

If you've already started your Going Away With Licence and are stuck for inspiration or have questions, then this is the session for you.

Craft activities for all sections

Brilliant but simple make and take craft ideas to do in your unit for all sections - something a bit different to add to your programme. Please bring own scissors and feel free to take photographs.

Ideas for running Promise activities in your unit

Looking for ways to bring the promise to life? Come along to find out ideas to embed the Promise into your unit meetings. Great fun and appropriate for all sections!

Non-cook cooking

If you would like your girls to have fun making things with food this is the session for you. We will not be producing non cook meals, we will be creating food items and you can decide how you can use the activity in your programme.

Singing

If you have missed having a good sing over the last 2 years or if you have never been to a sing before, please come and join us for a fun session. No song books necessary. If you don't think you can sing it is ideal to join in with a large group of people as no one will know!

STEM (Science, Technology, Engineering and Mathematics) activities for Rainbows & Brownies. Whether you're A budding Einstein or terrified of STEM stuff going wrong with your unit you're welcome to join us and try a range of programme and non-programme STEM activities. We'll help you to understand the simple science etc behind the activities so that you can ensure that your activities are successful.

Talking to girls about sensitive issues

Do you worry about your girls bringing up issues and knowing how to respond to them? Join us to think about ways of talking about topics like race, sexuality, drugs, mental health, relationships, religion and many more.

Dealing with challenging behaviour

This session will help you to consider the reasons behind why girls in your unit might be displaying challenging behaviour and develop a range of strategies to manage behaviours.

Doing your Adult Leadership Qualification

Do you need some inspiration to help you complete your leadership qualification? This session will introduce you to

- Programme planning what to include
- Working in small groups how to organise them and the benefits to the girl
- How to organise an outing things to consider
- Transition activities ideas in helping the girl move on to the next section

International trips for Leaders

International trips are one of the most exciting part of the Girlguiding programme. This is a chance for leaders to find out what is involved in running your own international trip and get support and advice from people who have done it.

STEM (Science, Technology, Engineering and Mathematics) activities for Guides & Rangers. Discover these innovative ideas to take back to the girls, but only after you have had a play first.

Working together as a unit team

Would like some hints and tips on how to spread the unit workload across the team including involving Young Leaders and thinking about succession planning.





Inclusion in your unit and using adjustment plans

This session aims to look at some of the challenges unit leaders face in coping with the demands of girls less able to focus on activities, comply with rules or sustain attention over the duration of a meeting. We will specifically incorporate an understanding of ADHD, Autism, Attachment Disorder and Global Delay Disorders looking at developing adjustment plans and advanced risk assessments for the individuals and support mechanisms available.

Working with small groups, (rainbows to rangers)

This training is for all sections to explore how and why Girlguiding use them, when to use them and the benefits to individuals and Leaders.

Out and about with your girls

All a leader needs to know about taking a group of young people out of your meeting place.

Fundraising ideas and Gift Aid

We all have so many fantastic ideas on fundraising which have been successful, so why not share them? Bring 2 or 3 ideas with you to stick up on the wall in the room and discuss with others.

Gift Aid - 'I don't know where to start?' 'I have a problem with it!'. Chat with our friendly county treasurer for information and advice on how you can obtain free money!

Water Safety

This session sits alongside the walking safety scheme and is to give leaders who would like to run activities around or in water some ideas along with the confidence to understand water safety in a Girlguiding context, identify potential hazards and then how to manage them. We will also look at what to do in an emergency such as safe rescue techniques and water related first aid and you won't even need to get wet for this training!

First Response 20 min Practical Assessments

Have you completed your virtual First Response training and done the e-learning but now just need to complete the practical assessment element, then you can book your session in to do this here.

Safe Space 1 & 2 drop in session

We will have use of the computer lab and experienced people on hand to help support you access this online training, all you will need to bring are your own headphones.

Going away on International trips for Girls - ALL DAY SESSION

A session for Guides and Rangers aged 11-17 to find out about international adventures with Girlguiding. The session will be a mix of games & activities linked with Guiding across the world, allowing the Guides and Rangers to return to their units with ideas. There will also be the opportunity for girls to put themselves forward for county and region international trips for 2022/2023. If you are registering your girls for this session, please note on the booking form how many girls you will want to bring. Initially this will be a maximum of 4 per unit.

We will also be running the following drop-in sessions, so please show an expression of interest on the Eventbrite booking form.

Growing Guiding - Drop in Surgery

Do you need more girls or volunteers for your unit? If so pop along to the Growing Guiding drop in session to pick up some practical hints and tips to help you get started

GO (Membership system) drop in Surgery

Struggling to find your way around GO or have something specific you want to know how to do, this is the session for you. Bring your own laptop if you can or we can provide use of a computer if needed.

Commissioner Drop in Surgery

Are you a commissioner and would appreciate an opportunity to chat with other commissioners or just want to see what resources are available to you in your role, then come along to this drop-in session.

Adult Leadership Qualification Drop in Surgery

Doing your Adult leadership qualification and have a question or need inspiration? Are you a mentor and want to support your mentees but need a little support or inspiration? Then come along and with the ALQ team