

Themes	Unit meeting activities	Theme	Pack	The activity	What you will need?
Know myself	* Lend a hand (15 mins)	Guiding traditions	2	Good turn	clock, stopwatch, diary, hourglass, calendar, broad range of items to represent a good turn ie dog lead, magazine
	* Magnificent memories (30 mins)	Guiding traditions	2	Being prepared	small tokens (80 per pair), sticky tape, paper, pens, pencils
	* Guiding in a bubble (30 mins)	Get guiding	3	Where you fit in the wider guiding family	ktichen roll, straws 1 per girl, paper plate 1 per girl, paper, pens, per group: table, granulated sugar, washing-up liquid, water, cup, spoon
	* Mime time (30 mins)	Get guiding	3	Keeping your promise	paper, pens
	* Celebrate good times (60 mins)	Get guiding	5	Celebrate in style!!	3 tables/areas, craft materials, scissors, coloured paper, pens, coloured pens, sticky tape
	* Buddy bingo (20 mins)	Get guiding	5	Get to know each other	sticky labels 1 per girl, a pen
	* Brownies squared (60 mins)		Magazine	Challenge yourself to make a unit blanket	card, pens, scissors, glue, range of different fabrics, needle, pin, thread, cotton wool
	* Century time travel (45 mins)	Guiding traditions	1	Step into the shoes of an early Brownie	activity cards, union flag, 2 chairs, 2p pieces 1 per girl, metal cleaner/vinegar/lemon juice, cloths 5 or 6
	* Trefoil trivia (20 mins)	Guiding traditions	1	Fun quiz	selection of blue and yellow/gold items, pencils and paper, world trefoil, timer, scissors
	* Brownie pocket challenges (30 mins)	Guiding traditions	4	Find out things that Brownies used to have in their pockets	white hankchiefs in envelope, plasters, safety pins, 5p or 10p coins, pieces of string, notepads or paper, pencils, plastic food bag
	* Festival fun (60 mins)	Get guiding	4	Chance to create your own event	Be confident about moving onto Guides
	* Make your snake (30 mins)	Girlguiding Strategy	Limited	What makes Brownies great	Limited edition as part of Guiding strategy
	* Transforming Travel (20 mins)	Time travellers	6	Different modes of transport in history	Large clear space as it is a game
	* The Great Guiding Record Challenge (30 mins)	Time travellers	6	Set a guiding record	Timers, pens, paper, items to set records with, notebook
	* Reflect on your reflection (45 mins)		Magazine	Remind yourself of your strengths	Pencils one per girl, 2 sheets of paper per girl, coloured pencils (optional)
	* How many hats? (60 mins)	Time travellers	7	The life of Beatrix Potter	scrap materials, timer, glue, sticky tack/tape, paper, colouring pencils, cloth, marbles, blocks, straws
	* Time travelling celebration (60 mins)	Time travellers	7	How to host a party with few resources	paper, colouring pencils, string, scissors, glue, bread, jam/chocolate spread, knives, plates, games

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Express myself	* Magic moving postcards (20 mins)	Storytelling	2	Storytelling via mime and movement	No resources needed
	* Sensory stories (45 mins)	Storytelling	2	Imaginative story telling	Items to touch and use: scrap paper, plastic cups, clothes pegs, kitchen utensils, leaves and twigs, gravel, shells, jewellery, wool, brushes, keys, scouring pads, teddies. Items that smell or feel interesting: lemons, apples, celery sticks, cinnamon, cocoa, raisins, soap, paper towel sprayed with perfume, bowl of jelly, blob of play-dough, cup of water
	* Stitch up your six (45 mins)	3D craft and design	3	Stitch a brand new badge	Scissors, scraps of material, felt, spools of thread, needles 1 per girl, pens, paper, timer
	* Tent theatre (60 mins)	3D craft and design	3	Become a set designer	Paper, pens, den material, sticky tape, card, coloured pens, natural materials ie twigs, craft materials i.e. paint, brushes, newspapers, glitter, ribbon, pipe cleaners
	* Demanding designs (30 mins)	3D craft and design	5	Become a clothes designer	paper, pens, paper, coloured pencils, a timer
	* Kite fighter (45 mins)	3D craft and design	5	Explore the importance of craft in culture	outside space, 6 skewers, scissors, tissue paper, cotton thread, string 5m, sticky tape, glue
	* Crack the code (45 mins)		Magazine	Using symbols or emojis to tell a story rather than words	paper, pens
	* Catch a story (15 mins)	Storytelling	1	Using your imagination to create a story	large soft ball or string
	* Odd socks (60 mins)	Storytelling	1	Learn the structure of a story	socks, googly eyes, glue, scissors, craft materials
	* Museum of imagination (45 mins)	Storytelling	4	Thinking creatively	bag filled with small objects, pencils, paper
	* Pop up cards (45 mins)	3D craft and design	4	Make your own 3D card to pop a smile on someone's face	a4 coloured card, scissors, pencils, glue sticks, coloured pens/pencils
	* Frogs in a pond (20 mins)	Spotlight	6	Pre performance warm up	A large clear space
	* En Pointe (60 mins)	Spotlight	6	Explore ballet dancing	A large clear space, suitable shoes to dance in, music to dance to
	* Excuses, excuses (45 mins)	Spotlight	7	Explore your creativity	chairs, pens, paper, pot or bowl
* Clowning around (30 mins)	Spotlight	7	Facial warm ups	No resources needed	

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Be well	* Competitive car park (45 mins)	Fair Play	3	Being a good sportsperson and being competitive	Masking tape, scissors, 20 sticky notes, pens, paper, A3 paper, toy cars 1 per pair
	* Water run (20 mins)	Fair Play	3	Beat the odds and defeat some unfair obstacles	Outside space, 4 buckets/bowls, water, drawing pins, paper cups (2 per girl)
	* Fire fire! (45 mins)	Personal safety and self defence	2	Fire safety obstacle course	Large space, pencils and paper, sheet (for smoke), door handle, hoop to climb through, bowl with strips of red & orange tissue paper
	* My invisible bubble (20 mins)	Personal safety and self defence	2	Personal space	Large space, chairs
	* Rule makers (30 mins)	Fair Play	5	Treasure hunt with a twist	pencils, 4 sticky labels, 4 small containers, small pieces of paper (5 per girl)
	* Respect the ref (15 mins)	Fair Play	5	Dodgeball and referees	a large soft foam ball
	* Shiny teeth (30 mins)		Magazine	Wink murder style game	one sticky note (optional)
	* Doggy language (30 mins)	Personal safety and self defence	1	Know how to act when around dogs	a large space to move around
	* Triple boxer (30 mins)	Personal safety and self defence	1	Learn boxing moves	a large space to move around
	* Big up a Brownie (30 mins)	Fair Play	4	What makes a good team player	paper, pens, envelopes, pencils
	* Cyclist says (10 mins)	Personal safety and self defence	4	Learn about bicycle safety	a large space to move around
	* Kabaddi (30 mins)	Get sporty	6	Discover an international sport	A large clear space, masking tape, pen, large sheet of paper, a coin
	* Keep on throwing (30 mins)	Get sporty	6	Practice throwing and catching skills	A large clear space, 3 items to pass per six (footballs, beanbags, tennis balls or flying discs)
	* It's a hole in one (60 mins)	Get sporty	7	Game of mini golf	paper, balls, materials to make golf club, obstacle items
* Cluck cluck goal (30 mins)	Get sporty	7	Team working - chicken, flamingo, eagle	Cones/chairs, ball, coin, whistle, masking tape	

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Have adventures	* S.T.O.P (45 mins)	Survival skills	2	Disaster strikes! Dealing with survival situations	Outside space, paper & pens
	* Snow vision (20 mins)	Survival skills	2	Making snow goggles	Outside space, scissors, 30cm string or elastic (2 per girl), A4 card (1 per girl), rope, boxes, loose clothing, hula hoops
	* Fox, Frog, Flea (15 mins)	Exploring nature	3	How do animals find their food?	Tape or chalk
	* Bottle mansions (30 mins)	Exploring nature	3	Home for hibernating minibeasts	Small plastic bottles (70cl approx) per girl, scissors, plastic drinking straws, newspaper, sticky tape
	* Hedgehog home (20 mins)	Exploring nature	5	Home for hedgehogs	cardboard box, ruler, pencil, 2 litre plastic bottle, scissors, duct tape, knitting needle/skewer
	* Life cycle survival (30 mins)	Exploring nature	5	How crawling caterpillars become butterflies	No resources needed
	* Disaster strikes (20 mins)	Survival skills	4	Know how to prioritise needs over wants	Range of items (or pictures of)
	* Night sky observers (45 mins)	Exploring nature	4	Make a constellation viewer	Outside space, circle of card, sticky tack, pencils, torches
	* Strike a light (15 mins)	Survival skills	1	Learn how to strike a match and light a candle	Box of safety matches, tea light, water
	* First aid in the field (30 mins)	Survival skills	1	How to use ordinary items in case of a first aid emergency	Clothes you might wear outside, things for an obstacle course
	* Fizzy Flying (30 mins)	Out of this world	6	Launch your own rocket	Outside space, water, transparent cup/glass, 2 effervescent aspirin tablets, a bottles with a sports cap, plastic beaker
	* Planetary puzzles (45 mins)	Out of this world	6	Facts about planets	8 A3 sheets of paper, pens, sticky tack, object to represent the sun, 16 pieces of scrap paper
	* Torchlit tour (60 mins)	Exploring nature	Magazine	Nocturnal animals	dark, outside space, paper, pen, torches one per group
	* Skills in space (30 mins)	Out of this world	7	Tasks in space	scissors, granulated mixture, cardboard box, cling film, bowl, cup, jar with lid, oven gloves
* Comet catching (15 mins)	Out of this world	7	Comets	torch, large space, blindfold	

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Take action	* One good turn leads to another (30 mins)	Community action	2	Small acts of kindness	Coloured paper, scissors, coloured pens & pencils, sticky tape, stapler (optional)
	* Super brownies (45 mins)	Community action	2	Become a fearless superheroes	1 strip of paper, pens or pencils, plastic bag, optional to make eye masks
	* All creatures great and small (20 mins)	Save the planet	3	Animals in danger across the world	Paper, pens
	* Blow us away (20 mins)	Save the planet	3	Wind turbines	Hairdryer, straws, scissors, push pins, sticky tack, coloured pens
	* Insect invaders (30 mins)	Save the planet	5	Impact of introducing a new species	Sticky notes
	* Local munch (45 mins)	Save the planet	5	Food miles	snack ingredient labels, paper plate, felt-tips, world map, ruler, paper
	* Brownie best bits (60 mins)		Magazine	Best bits about being a brownie	a3 paper, pens
	* Charity choices (30 mins)	Community action	4	Find out about local charities	paper, marker pens, tokens, list of 5 charities
	* Un-fantastic plastic (20 mins)	Save the planet	4	Why plastic is a problem	plastic bag, pen, paper
	* Trash fashion (45 mins)	Community action	1	Rescue your rubbish	scissors, tape, scrap paper, rubbish, pens/pencils, craft materials
	* Brownies on the move (45 mins)	Community action	1	How easy is it to get around your local area	safe place to walk, pencils, notepads
	* Pass on plastic (60 mins)	Future girl acts	Limited	Plastic pollution	Limited edition as part of Guiding Future Girl
	* Positive pebbles (30 mins)	Better together	6	Celebrate everyone's abilities	A large clear space, pebbles (reasonably sourced), paint, paintbrushes, felt tips, craft materials
	* Mission understanding (20 mins)	Better together	6	Break down communication barriers	Pens, paper, a timer
	* Colourful memories (30 mins)	Better together	7	Exploring dementia	paper, coloured paper, felt tips, scissors, glue stick, timer
* Uniquely you (45 mins)	Better together	7	Celebrate everyone in the unit	large space, timer, selection of items to use as props	

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Skills for my future	* Coin hunt (30 mins)	Money	3	Right coins in this money hunt	Selection of small value coins (1p, 5p, 10p, 20p), large space
	* Brownie marketplace (45 mins)	Money	3	Make your own money	False money written on paper, items to create a stall: one-minute portraits, tell a joke, create a cool hairstyle, song, play
	* Room in a box (60 mins)	DIY	2	Decorating skills	large box with top and 1 side cut out, lollipop sticks 50-100, PVA glue solution, paintbrushes, rolls of patterned wallpaper, plastic tubs for glue, small squares of fabric/carpet, scissors, 30cm ruler, items for decoration
	* Find that tool (20 mins)	DIY	2	DIY investigators	paper, pencils, tea towels, screwdrivers, hammer, sandpaper, nails, spirit level, pliers, tape measure or pictures of these
	* Profit and pitfall (45 mins)	Money	5	Money themed game	paper, pens, rules, player counters, a dice, games board, calculators (optional)
	* Need v want (30 mins)	Money	5	Own priorities	pens, paper, washing line/string, pegs/paper clips, sticky notes
	* Thank you, merci, talk (30 mins)		Magazine	Discover different languages	paper, pens, sticky tack
	* In a fix (30 mins)	DIY	1	DIY activity	screws, hammer, fruit
	* Soapy solutions (15 mins)	DIY	1	Experiment with ingredients	bowls, vegetable/baby oil, salt, teaspoons, paint (optional), washing up liquid, water, baby wipes, kitchen roll
	* A new route (45 mins)	DIY	4	Practice measuring skills	10 or 12 obstacles, sheet of paper marked theme park, 30cm rulers, pencils, paper, scissors, tape or string for measuring, space 5m x 5m
	* Stepping stone savers	Money	4	Improve your money knowledge	challenge stops, scrap paper, coins in a bag you can't see into
	* Beat the bot (60 mins)	Magnificent memories	6	Create your own robot	Cardboard, sticky tape, scissors, scrap paper, large sheets of paper, pens, newspaper, timer, cups, squash, drinking water, beanbags
	* On the radar (45 mins)	Magnificent memories	6	Build a radar tower	Blanket, timer, range of craft materials, sheet of paper, pens and pencils, ruler
* Ship Shape (30 mins)	Magnificent memories	7	Practice logistics skills	Sheets of newspaper	
* Vortex (45 mins)	Magnificent memories	7	What is a vortex?	paper cups, 1 plastic bottle, balloon, scissors, masking tape	